



## Helping Young Carers Aged 14 to 24 Across Devon



Supporting young carers  
to gain skills, confidence  
and resilience through times  
of transition in their lives

01237 420141  
[www.brightfuturesdevon.co.uk](http://www.brightfuturesdevon.co.uk)



## Support for carers aged 18 to 24

With Transitions Workers based across Devon we aim to support young adult carers aged 18 to 24 years with:

- 1:1 support
- signposting
- advocacy
- information
- training
- activities
- peer support groups
- skills development
- transport
- quarterly newsletter

## Support for carers aged 14 to 17

Bright Futures supports young carers aged 14 to 17 years through 1:1 volunteer led mentoring support.



## Bright Futures Also Requires Volunteers - Get Involved!

**Bright Futures (Central Office)**

**14 Bridgeland Street**

**Bideford**

**EX39 2QE**

**01237 420141**

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Bright Futures is a TTVS led project delivered in partnership with Westbank and Unite – Carers in Mid Devon, and is funded by the Big Lottery.

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