



Carewise Family Support Service

We at Carewise know that having someone in the family who needs additional care can impact on the whole family in many different ways and sometimes you may need some extra support.

Carewise has a family support service which can;

- Provide you with a link person at Carewise
- Provide emotional support to any member of the family
- Liaise with other agencies involved with your family
- Provide a link with school
- Support with developing parenting skills and strategies around challenging behaviour
- Support to develop the family's own coping strategies
- Support with strengthening family relationships
- Supporting the family to make positive changes

This service can also support members of the family to access services such as;

- Carewise drop in or days out
- Support/community groups
- Debt/financial advice
- Housing Advice/support
- Health services including Mental Health or Drug and alcohol support
- Education including adult learning
- Support into work

The support worker may also be able to offer practical support such as;

- Gardening
- Getting out and about
- Shopping
- Enabling the whole family to enjoy days out together

For more information contact Carewise at 14 Bridgeland Street, Bideford, EX39 2QE or call 01237479380.