Mental Health & Wellbeing @ The Park Community School

23 May 25

Visit our website for lots of Mental Health & Wellbeing resources and support for parents and students, including information on the School Nursing Service and referral form. Mental Health

You can also find lots of **Early Help resources** on our website here: Advice and Support for Parents

Ms Sarah Langford

Mental Health Lead

My focus is on embedding wellbeing into every aspect of school life to cultivate a community where mental health is not just supported but celebrated and every student is equipped with skills, confidence and emotional resilience to face life's challenges.

Mental Health Schools Team

Meet and Greet

Join Jemma and Laura from the Mental Health Schools Team for an informal chat to hear what they offer to school and parents/carers and the support they provide for young people with mental health and anxiety concerns.
All welcome.

Monday 23rd June, 14:30 - 16:00

Book your place - click here

Mental Health & Wellbeing @ The Park Community School

16 May 25

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Mental Health Schools Team Meet and Greet

Join Jemma and Laura from the Mental Health Schools Team for an informal chat to hear what they offer to school and parents/carers and the support they provide for young people with mental health and anxiety concerns. All welcome.

Wednesday 21st May, 09:10 - 10:40

Monday 23rd June, 14:30 - 16:00

Book your place - click here